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# Enhancing Cultural Competence in Health Education Through Patient, Carer and Public Involvement



Amanda Lee, Dr Lesley Scott, and Friday Osho - Faculty of Health Sciences and Wellbeing, University of Sunderland

## Aim

To build student cultural competence through authentic global patient narratives.

## Who Are the PCPIs?

Members of the Patient, Carer and Public Involvement programme who contribute to curriculum design, recruitment, teaching, and assessment using their lived healthcare experience.

## Outcomes

**Enriched Curriculum:** Broader global understanding

**Graduate Readiness:** Greater empathy and responsiveness

**Inclusive Learning:** Amplified underrepresented voices

**Student Feedback:** Confidence with diverse populations

**Institutional Impact:** Supports social accountability

## PCPI Insights – Friday Osho

Shared cross-cultural patient experiences

Linked theory with real healthcare realities

Encouraged culturally reflective practice

## UK vs. Nigerian Healthcare: Key Comparisons

**Access:** UK (NHS) is free; Nigeria relies on out-of-pocket payments

**Infrastructure:** UK has consistent national guidelines; Nigeria varies by region

**Culture:** UK prioritises privacy; Nigeria includes strong family roles

**Workforce:** UK follows standardised training; Nigeria sees regional variability

## Recommendations

Engage diverse PCPI voices early to add authenticity

Use real stories for reflection

Embed and explicitly teach cultural competence to students