



**University of  
Sunderland**

Yitka, Graham (2020) BOMSS National Research Update. In:  
BOMSS Annual Scientific Meeting, January 22 - 24th 2020,  
TECA, Aberdeen, Scotland.

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# BOMSS Research Update

Dr Yitka Graham, National Research Lead

Dr Tom Barber, National Physician Research Lead

Ms Jenny Abraham and Mr Jeremy Gilbert, National Nurse Research Leads

# National update

- ▶ 25% of our units have research leads
- ▶ Appointment of Surgical Specialty Lead in 2020 offers great opportunity for research engagement and growth
- ▶ Two trainee research leads Roxanna Zakeri and Andrew Currie
  - ▶ Aligning activity with other trainee collaboratives
- ▶ All Allied Health Professions have at least one Research Lead
- ▶ Continuing to engage with NIHR
  - ▶ Wide range of resources - disseminated through leads and Twitter

# IFSO Highlights

- ▶ Increased IH research activity at IFSO
  - ▶ Madrid was an exemplar of IH research activity
  - ▶ IH Committee supporting research development
- ▶ Feedback indicates that the UK is strong in terms of IH

**IFSO**  
Virtual Academy

**IV IFSO I.H. WEBINAR**

**"Preparing a Research Abstract and Title—Two Critical Synopses of a Study"**

**SPEAKER**  
Jane Barthwald, USA

**MODERATORS**  
Silvia Leite Faria  
Andrea Schroeder

**DISCUSSANT**  
Ylka Graham

Tuesday January 14, 2020  
1.00-2.00 pm European Time

Secure your e-seat now registering here:  
<https://attendee.gotowebinar.com/register/527058998671291404>

# Dietetics update

- ▶ Audit of UK Bariatric Dietitian Google Group to identify the most frequent topics raised by bariatric dietitians.
- ▶ We also emailed the group to ask for research ideas and expressions of interest from dietitians who were interested in getting involved in research
- ▶ The two most popular topics were:
  - ▶ 1) Variation in pre-op diet programmes across the UK and their efficacy for pre-op weight loss
  - ▶ 2) Tier 3 weight loss and post-operative outcomes
    - ▶ Potential for interdisciplinary research across professions and units
- ▶ We are planning a national audit of pre-op diets and are in the process of designing this study and how dietitians would contribute nationally.
- ▶ We aim to a bariatric dietitian research collaborative (similar to the surgical trainee collaboratives)
  - ▶ We are identifying potential funding opportunities which would allow us to devote more time to setting this up.

# Dietitics Leads: Karen Coulman and Sally Abbott



[karen.coulman@bristol.ac.uk](mailto:karen.coulman@bristol.ac.uk)



[sally.abbott@birmingham.ac.uk](mailto:sally.abbott@birmingham.ac.uk)

# Nurse Research:

- ▶ Explore the role of Bariatric Nurse- potentially using a Delphi technique
- ▶ Concurrent development of an NMC accredited Bariatric Nurse course in collaboration with the University of Sunderland
- ▶ Improve the education, training and CPD of Health Care Professionals (acute and primary care) working with obese patients and including those who have had surgery
- ▶ Organise a national study day
  - ▶ Would like suggestions e.g. Psychology, exercise, pharmacology, diabetes

# National Nurse Research Leads:

- ▶ Jenny Abraham
  - ▶ [Jenny.Abraham@uhcw.nhs.uk](mailto:Jenny.Abraham@uhcw.nhs.uk)
- ▶ Fridi Levine
  - ▶ [fclevine@gmail.com](mailto:fclevine@gmail.com)
- ▶ Jeremy Gilbert
  - ▶ [Jeremygilbert1@nhs.net](mailto:Jeremygilbert1@nhs.net)



# Dr. Thomas M Barber

Associate Professor and Honorary Consultant Endocrinologist  
University of Warwick and UHCW NHS Trust  
Member of BOMSS (AHP) and National Physician Research Lead

- ***Clinical Research:***

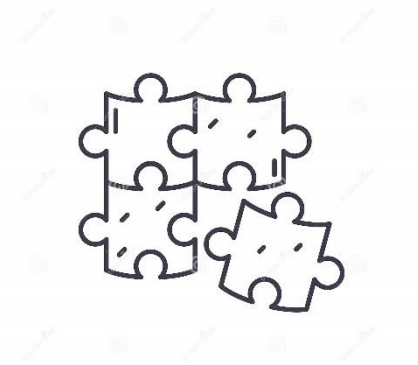
- Inclusivity, Collaboration, Entitlement

- ***Guidelines:***

- Optimization, Unification, Model

- ***Promotion:***

- Champion, Profile, Raison d'être



# Sources of research support

- ▶ National Institute for Health Research (NIHR)
  - ▶ Will produce a 'guide to the NIHR' for BOMSS members
- ▶ IFSO Academy
- ▶ IFSO Miami 'Writing a Research Article of Excellence' Postgraduate Course
  - ▶ (registration on congress website)
- ▶ Funding calls to be tweeted on BOMSS account
- ▶ Development of BOMSS Members-Only Research Mentor Directory (Tom Barber and Yitka Graham)
- ▶ Development of Bariatric Research Advisory Service (BaRAS) international research resource led by Kamal Mahawar

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