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Environmental Epitranscriptomics

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Abstract

Chemical modifications of RNA molecules have gained increasing attention since evidence emerged for their substantive roles in a range of biological processes, such as the stability and translation of mRNA transcripts. More than 150 modifications have been identified in different organisms to date, collectively known as the ‘epitranscriptome’, with 6-methyladenosine (m⁶A), 5-methylcytidine (m⁵C), pseudouridine and N1-methyladenosine (m¹A) the most extensively investigated. Although we are just beginning to elucidate the roles of these modifications in cellular functions, there is already evidence for their dysregulation in diseases such as cancer and neurodevelopmental disorders. There is currently more limited knowledge regarding how environmental exposures affect the epitranscriptome and how this may mediate disease risk, but evidence is beginning to emerge. Here, we review the current evidence for the impact of environmental exposures such as benzo[a]pyrene, bisphenol A, pesticides, metals and nanoparticles upon RNA modifications and the expression of their ‘writers’ (methyl transferases), ‘erasers’ (demethylases) and ‘readers’. We discuss future directions of the field and identify areas of particular promise and consider the technical challenges that are faced.

Keywords: RNA modifications; epitranscriptomics; environmental exposure; m⁶A; m¹A; m⁵C

1. Introduction

Environmental epigenetics studies the effects of environmental exposures upon the epigenome in relation to human health and disease risk. There is now extensive evidence to suggest that a variety of environmental exposures alter epigenetic marks such as DNA 5-methylcytosine (m^5C) and histone modifications, thereby potentially modulating gene transcription. It is now recognised that RNA molecules undergo similar modifications. To date, more than 150 different modifications of coding and non-coding RNAs have been reported (Boccaletto et al., 2018), collectively referred to as “*RNA epigenetics*” (He, 2010) or the “*epitranscriptome*” (Saletore et al., 2012). Similar to DNA and histone modifications, RNA modifications are maintained by proteins serving as writers, readers, and erasers. “Writers” are comprised of transferase enzymes that facilitate addition of chemical groups to RNA bases, such as METTL3 (methyltransferase like 3), METTL14 (methyltransferase like 14), METTL16 (methyltransferase like 16), RBM15 (RNA binding motif protein 15), WTAP (wilms tumor 1-associating protein), and KIAA1429 (vir like m^6A methyltransferase associated). These are removed by “erasers”, such as FTO/ALKBH9 (alpha-ketoglutarate dependent dioxygenase) and ALKBH5 (alkb homolog 5, RNA demethylase). The RNA modifications are recognised and utilised by “readers”, such as HNRNPC (heterogeneous nuclear ribonucleoprotein C), HNRNPA2B1 (heterogeneous nuclear ribonucleoprotein A2/B1), YTHDF2 (YTH N6-Methyladenosine RNA binding protein 2), YTHDF1 (YTH N6-Methyladenosine RNA binding protein 1), and eIF3 (eukaryotic initiation factor 3). The most widely studied of these to date are those which modulate m^6A , m^5C , and m^1A RNA methylation.

Epitranscriptomics is emerging as a field of great interest. As with epigenetics, much of the early research has focused on human diseases, especially cancer. However, there is

currently much more limited data available regarding how environmental exposures alter RNA modifications. Here, we review the evidence for the alteration of RNA modifications in disease and in response to a range of exposures, evaluating the work from *in vitro*, animal model and human population studies.

2. Types of RNA modification

The first modification in RNAs was discovered in 1957 (Davis and Allen, 1957). Since then, more than 150 different RNA modifications have been reported in a wide range of organisms (Gilbert et al., 2016), including m⁶A, N⁶,2'-O-dimethyladenosine, m⁵C, 5-hydroxymethylcytidine (hm⁵C), inosine, pseudouridine, and m¹A in eukaryotic organisms (Dominissini et al., 2012; Meyer et al., 2012). Here, we will briefly introduce three of the most widely studied modifications m⁶A, m¹A and m⁵C (*Figure 1*), that through transcriptome-wide studies have been demonstrated to be present in tRNAs, rRNAs, mRNAs, long noncoding RNAs, miRNAs, and circRNAs (Dominissini et al., 2012; Meyer et al., 2012).

2.1 6-methyladenosine (m⁶A)

m⁶A was firstly discovered in polyadenylated RNA in mammalian cells in 1970, and it was the first RNA modification to have its writers, erasers and readers characterised (Cao et al., 2016). It is highly abundant in mRNA, more so than any other mRNA modification, with two recent studies identifying m⁶A modifications in the mRNAs of over 7,600 protein-coding genes and more than 300 non-coding RNAs, with significant enrichment within the 3' UTR (Dominissini et al., 2012; Meyer et al., 2012). This modification is associated with RNA splicing (Little et al., 2000; Ping et al., 2014; Zheng et al., 2013), stability (Geula et al., 2015; Wang et al., 2014) and mRNA decay (Cao et al., 2016), and therefore is important in post-

transcriptional regulation of gene expression. The writers and readers of m⁶A modifications have been linked to specific biological functions, with WTAP involved in mRNA splicing (Little et al., 2000; Ping et al., 2014; Zheng et al., 2013), YTHDF1 and eIF3 in the translation process (Meyer et al., 2015; Wang et al., 2015), and YTHDF2 in mRNA decay (Cao et al., 2016). Subsequently, disruptions of those genes that control RNA m⁶A methylation levels are related to human diseases and disorders such as obesity, type 2 diabetes (Dina et al., 2007; Frayling et al., 2007; Klungland and Dahl, 2014; Scuteri et al., 2007) and neurological diseases (McGuinness and McGuinness, 2014), while changes in m⁶A levels have been identified in infertility, carcinogenesis, meiosis, and in relation to stemness (Fu et al., 2014).

2.2 N1-methyladenosine (m¹A)

First reported in 1961 (Dunn, 1961), the m¹A RNA modification has been identified in tRNA (RajBhandary et al., 1966), rRNA (Sharma et al., 2013), mRNA (Dominissini et al., 2016) and in mitochondrial (mt) transcripts (Li et al., 2017a), yet its various biological functions have only recently begun to be established. In humans, the m¹A modification at position 58 of tRNA molecules is written by the TRMT6/TRMT61 heterodimer and demethylated by ALKBH1, and it serves to promote the initiation of translation (Liu et al., 2016). m¹A in mRNA is also believed to impact upon translation, with modifications near to the 5' cap and 5' UTR in nuclear transcripts promoting their translation (Li et al., 2017a), but elsewhere it may inhibit translation by interruption of Watson-Crick base pairing (Li et al., 2017a; Morena et al., 2018). Nuclear and mitochondrial RNA molecules are chemically modified by distinct enzymes, with nuclear m¹A in pre-tRNAs and some pre-mRNAs written by the tRNA m¹A methyltransferase complex TRMT6/TRMT61A and erased by AlkB homolog proteins ALKBH1 and ALKBH3, while in mitochondria mt-tRNAs and a subset of mt-mRNAs are methylated by the mt-tRNA m¹A methyltransferases TRMT61B and TRMT10C.

2.3 5-methylcytosine (m^5C)

The m^5C modification is one of the most common in RNAs. Recent high-throughput RNA methylation profiling by bisulfite sequencing in HeLa cells has identified m^5C at more than 240 sites in tRNAs and 10,275 candidate sites in mRNAs and non-coding RNAs (Jühling et al., 2009; Squires et al., 2012). In contrast, there appear to be relatively fewer m^5C residues in eukaryotic rRNAs, with human 28S rRNA containing only two m^5C nucleotides at position 4413/4 and 3761 (Maden, B.E. 1988) and none in 18S rRNA (Maden, B. E. 1986).

There are 28 known m^5C sites in human tRNA (Jühling et al., 2009), of which 27 have been verified by next-generation sequencing (Squires et al., 2012). For the best-studied eukaryotic tRNAs, m^5C residues are clustered in the junction between the variable region and TC-stem, with positions 48 and 49 the most frequently modified. Other locations in the anticodon loop (positions 34 and 38) have also been identified. Higher eukaryotes frequently have an additional m^5C residue in the tRNA acceptor stem at position 72.

These modifications are in part written by DNA methyltransferase 2 (DNMT2), a methyltransferase enzyme that was first described as methylating the cytosine at position 38 in tRNA^{Asp}, and NSUN2 that methylates the 5th position of cytosines in tRNAs, ncRNAs, and vault-associated RNAs. However, there are a wider range of methyltransferases, including NSUN1 (NOP2), NSUN3, NSUN4, NSUN5, NSUN6 and NSUN7, that are known to methylate different RNAs in distinct cellular localizations (Bohnsack et al., 2019).

There is now evidence pointing to a critical role for tRNA and rRNA modifications in cellular responses to stimuli, demonstrating roles in tRNA stability (Alexandrov et al., 2006; Motorin and Helm, 2010), cellular stress responses (Begley et al., 2007; Netzer et al., 2009;

Thompson and Parker, 2009) and cell growth (Emilsson et al., 1992). In general, tRNA modifications enhance ribosome binding affinity, reduce misreading and modulate frameshifting, all of which affect the rate and fidelity of translation (Chan et al., 2012). As most tRNA m⁵C sites are located around the variable region and anticodon loop, this methylation stabilizes tRNA secondary structure, affects aminoacylation and codon recognition, and confers metabolic stability (Liebers et al., 2014).

Additionally, ribosomal RNA methylation has been shown to be involved in translational fidelity and tRNA recognition (Liebers et al., 2014). Loss of vault RNA methylation in NSun2-deficient mice causes aberrant vault processing into Argonaute-associated small RNAs, as well as aberrant expression of several mRNAs that are the putative targets of vault-derived small RNAs (Hussain et al., 2013). These findings provided the first mechanistic insight into the role of RNA methylation in gene regulation. DNMT2-mediated methylation has also been shown to protect substrate tRNAs against endonucleolytic cleavage (Liebers et al., 2014), with lack of Dnmt2 and NSun2 and subsequent tRNA hypomethylation associated with decreased tRNA levels and a significant reduction in protein translation rates (Liebers et al., 2014).

3. Epitranscriptomics in disease

3.1 Cancer

As with the field of epigenetics, much of the early work in epitranscriptomics has related to malignancies, with identification of both disruption of normal RNA modification patterns and changes in the expression of their writers, erasers and readers. In particular, the m⁶A modification has been revealed to have a key role in promoting the stemness of malignant cells.

The METTL3/METTL14-mediated addition of m⁶A to pluripotency-associated mRNAs results in their breakdown, and thereby promotes cellular differentiation of mouse embryonic stem cells (Geula et al., 2015). However, in contrast to this, METTL3 and METTL14 are very highly expressed in haematopoietic stem cells and show reduced expression in more differentiated myeloid cells (Barbieri et al., 2017). The expression and activity of these m⁶A writers is also high in acute myeloid leukaemia (AML) and appears to have a key in maintaining the stemness of the malignant cells, with knockdown of these genes resulting in growth arrest via changes in the m⁶A content of transcripts associated with the cell cycle and c-myc (Barbieri et al., 2017). The m⁶A eraser FTO is also up-regulated and plays a critical oncogenic role in AML, in part by demethylating and thereby down-regulating the tumour-suppressors ASB2 and RARA (Li et al., 2017b). Together these studies demonstrate the complexity in understanding the impact of RNA modifications and the dysregulation of RNA methylation machinery, with transcript-specific effects.

Similar to AML, m⁶A writers and erasers are implicated in the maintenance of stemness in glioblastoma. The m⁶A eraser ALKBH5 is highly expressed in glioblastoma stem-like cells (GSCs), and its silencing suppresses proliferation of patient-derived GSCs (Li et al., 2017a). This is supported by evidence that knockdown of the eraser FTO suppresses tumour progression, while the knockdown of the writers METTL3 and METTL14 promotes human GSC growth, self-renewal and tumorigenesis, (Cui et al., 2017). These associations appear to be driven by the regulation of m⁶A near the start and stop codons of transcripts relating to GSC self-renewal, such as ADAM19.

The tumour microenvironment may influence the cancer epitranscriptome. Hypoxia is associated with increased expression of *ALKBH5*, leading to demethylation and increased stability of the NANOG transcription factor that promotes pluripotency (Zhang et al., 2016),

and induces the ZNF217-mediated inhibition of the RNA methylation writer complex (Zhang et al., 2016).

There is also evidence for disruption of m⁵C in malignancies. The NSUN2-mediated methylation of oncogenic mRNAs in bladder tumours promotes their stability and translation, thereby facilitating progression of the disease (Chen et al., 2019b), while *NSUN2* expression is up-regulated in breast cancer and promotes cell proliferation and invasion (Yi et al., 2017). The cause of NSUN2 up-regulation in solid tumours such as colorectal and oral cancers can be increased copy number (Okamoto et al., 2012). There is already emerging evidence for an impact of RNA m⁵C on drug sensitivity (Cheng et al., 2018), suggesting that this may be a fruitful avenue of research in the near future.

3.2 Non-malignant disease

There is more limited evidence for changes in RNA m⁵C methylation in non-malignant diseases, but this is likely to change soon as the field becomes more established. Most of the evidence to date comes from analysis of genetic variant within genes encoding m⁵C writers. Several studies have demonstrated that *DNMT2* mutations or knockdown are implicated in neurodevelopmental and neuronal disorders in zebrafish, drosophila, yeast (Angelova et al., 2018). In humans, studies have identified polymorphisms in *DNMT2* that are associated with spina bifida (Franke et al., 2009), and mutations in *NSUN2* and aberrant methylation of tRNAs associated with intellectual disability and Dubowitz-like syndrome (Abbasi-Moheb et al., 2012; Blanco et al., 2014; Huber et al., 2011; Martinez et al., 2012). However, there is currently a lack of data regarding the functional impact of such genetic variants and somatic mutations. One of the key challenges in the coming years will be to establish what these consequences are and how they relate to the pathology of these conditions.

4. Environmental exposures

As evidence is acquired for disruption of RNA modification processes in a range of diseases and disorders, there will undoubtedly be increasing interest in the impact of environmental exposures upon the epitranscriptome and how they may mediate disease risk. Here, we will review the current evidence for the effect of different exposures on RNA m⁶A, m¹A and m⁵C. In a number of cases, this evidence is comprised of altered expression of RNA methylation writers, erasers and readers as identified through gene expression microarrays, without further examination of functional impact. Several interactions including gene/protein interactions, chemical–disease and gene-disease relationships (<http://ctdbase.org/>) were reviewed by means of publicly available data from the Comparative Toxicogenomics Database (CTD) supported by the National Institute of Environmental Health Sciences (NIEHS) (Davis et al., 2018). We included all types of studies (cell culture, animal models, and human) that were related to changes in gene expression and/or DNA methylation in response to environmental exposures. We included studies that provided significant results for genes encoding RNA methylation modulators (i.e. writers, erasers and readers) for m⁶A, m¹A, and m⁵C.

4.1 Benzo(a)pyrene

Polycyclic aromatic hydrocarbons (PAHs) are formed after the incomplete combustion of organic materials, and many are known as carcinogenic, toxic, mutagenic, teratogenic, and immune system suppressors. One such compound, benzo[a]pyrene (BaP), is a mutagenic carcinogen that is ubiquitous in the environment. Most studies to date have demonstrated an effect of BaP on the expression of RNA m⁶A modification enzymes through *in vitro* and *in vivo* studies (summarized in Table 1). These studies have typically reported increased expression of the writers METTL3 and WTAP (Hooven and Baird, 2008; Jennen et al., 2010;

Kerley-Hamilton et al., 2012; Magkoufopoulou et al., 2011; Malik et al., 2012; Mathijs et al., 2009; Perez et al., 2008; Qiu et al., 2011; Shi et al., 2010; Souza et al., 2016) and the readers HNRNPC, HNRNPA2B1 and YTHDF2 (Hooven and Baird, 2008; Jennen et al., 2010; Kerley-Hamilton et al., 2012; Magkoufopoulou et al., 2011; Malik et al., 2012; Mathijs et al., 2009; Perez et al., 2008; Qiu et al., 2011; Shi et al., 2010; Souza et al., 2016), while reporting reduced expression of the eraser FTO (Hooven and Baird, 2008; Jennen et al., 2010; Kerley-Hamilton et al., 2012; Magkoufopoulou et al., 2011; Malik et al., 2012; Mathijs et al., 2009; Perez et al., 2008; Qiu et al., 2011; Shi et al., 2010; Souza et al., 2016). While this suggests that there may be increased abundance of m⁶A in response to BaP exposure, there is currently no data on the direct measurement of this.

Similarly, there is evidence for altered expression of m¹A and m⁵C modifier enzymes in response to BaP exposure, but no data directly measuring the functional consequences of this. Two studies have reported altered expression of TRMT6, TRMT10C, and TRMT61B following BaP exposure (Kerley-Hamilton et al., 2012; Magkoufopoulou et al., 2011). Interestingly, Severson and colleagues have also demonstrated that BaP exposure induces mutations in the *TRMT6* gene, amongst others, although the functional consequences of this were not explored (Severson et al., 2014). There is conflicting evidence for the effect of BaP upon expression of m⁵C writers, with increased expression of NOP2 and decreased expression of NSUN4 having been reported (Mathijs et al., 2009; Souza et al., 2016).

4.2 Aflatoxin B1

Two *Aspergillus* species produce aflatoxins, which are have been declared as Group 1 carcinogens in humans by IARC (IARC, 1993). The liver is the main target organ of aflatoxins, and aflatoxin B1 exposure has been shown to downregulate expression of the m⁶A eraser FTO in primary human hepatocytes (Rieswijk et al., 2016). A number of m¹A

modifiers also show differential expression, including increased expression of TRMT6 in the HepaRG cell line (Josse et al., 2012) and upregulation of ALKBH1 and TRMT61B in primary mouse hepatocytes (Mathijs et al., 2009). The NOP2 m⁵C writer has also been reported to be upregulated (Rieswijk et al., 2016). However, as with BaP, to date there have been no studies measuring the impact of these changes upon RNA modifications.

4.3 Bisphenol A

Bisphenol A (BPA) is an endocrine-disrupting chemical with oestrogenic properties (Beausoleil et al., 2018). BPA is used in many common products including plastics and bottles, food and beverage cans, and sports equipment. There is evidence for disruption of RNA modifier genes in response to BPA exposure (summarised in Table 2), but these studies have reported contrasting findings. Importantly, BPA is one of the few exposures for which an impact upon RNA modifications has been demonstrated.

Mahemuti and colleagues (Mahemuti et al., 2018) provided evidence for an effect in human-derived material, reporting decreased expression of the m⁶A, m¹A and m⁵C writers METTL3, TRMT6 and NSUN2 and decreased expression of the m⁶A readers HNRNPC and HNRNPA2B1 in cultured lung fibroblasts. These results may imply wide-ranging effects upon RNA modifications in the cells, on account of down-regulation of writers of three different modifications. However, in contrast to this, Ali and colleagues (Ali et al., 2014) have reported upregulation of the writers Mettl3, Wtap, Trmt6, Trmt61a and Nsun2 and the readers Hnrnpc and Ythdf2 in rat testes, along with decreased expression of the erasers Fto and Alkbh1, suggesting a potential increase in m⁶A abundance and utilisation in the tissue. Upregulation of the readers Hnrnpa2b1 and Ythdf1 have also been reported in rat heart and breast tissue (Ali et al., 2014; Jadhav et al., 2017; Ljunggren et al., 2016; Mahemuti et al., 2018; Tait et al., 2015). Crucially, however, we have provided evidence that exposure to BPA

is associated with decreased global m⁶A in the A549 human lung adenocarcinoma cell line (Cayir et al., 2019), thereby potentially supporting the findings of Mahemuti and colleagues in cultured cells from the same tissue. Our study is, to date, one of the very few to demonstrate an impact of environmental exposures upon the epitranscriptome. Nonetheless, it remains to be established whether the conflicting findings represent tissue-specific (e.g. hormone-sensitive tissues) or species-specific effects, or indeed whether they are the product of study design (*in vitro* versus *in vivo*).

4.4 Tetrachlorodibenzo-p-dioxin

Tetrachlorodibenzo-p-dioxin (TCDD) was classified as Group 1 carcinogen in humans by IARC in 1997 (Steenland et al., 2004), produced as a by-product of the burning of organic material. Work in animal models has demonstrated that TCDD exposure is associated with increased expression of the m⁶A writer Wtap in the mouse brain (Gohlke et al., 2009; Rasinger et al., 2014) and the m⁵C writer Nsun2 in rat and mouse liver (Boutros et al., 2008), but decreased expression of the m⁶A reader Hnrnpc in mice uterine tissue (Gohlke et al., 2009; Neri et al., 2011; Rasinger et al., 2014; Thornley et al., 2011). In support of this, WTAP and METTL3 have been shown to be overexpressed in cultured human hepatocytes following TCDD exposure (Gohlke et al., 2009; Neri et al., 2011; Rasinger et al., 2014; Thornley et al., 2011). Together this may suggest promotion of m⁶A methylation of RNA in response to exposure, but once again data is lacking to support such a hypothesis. In contrast to this, there have been conflicting findings regarding m¹A modifiers, with Boutros and colleagues reporting reduced expression of both Trmt10c and Alkbh1 in rat liver (Boutros et al., 2011), while Lee *et al* reported increased Alkbh1 expression in mouse liver (Lee et al., 2015). As such, no inferences can be made at this point regarding the impact on m¹A and m⁵C.

4.5 Pesticides

Pesticides have been associated with changes in the male reproductive system through affecting genomic imprinting in sperm (Stouder and Paoloni-Giacobino, 2010) and transgenerational disorders due to other epigenetic alterations (Anway et al., 2006), and even affecting spermatogenic capacity in adults who were exposed during foetal development (Uzumcu et al., 2004). Furthermore, exposure has been linked to cancer, neurodegenerative disorders and endocrine disruption (Bolognesi et al., 2011; Mostafalou and Abdollahi, 2013; Owens et al., 2010). Four pesticides whose impact upon the epitranscriptome have been analysed are atrazine, diuron, diazinon, and vinclozolin (summarised in Table 3).

Atrazine is one of the most widely used herbicides. However, early studies have not clarified a clear role for this pesticide in disruption of RNA modifications. In cell lines and primary cells, studies have variously reported atrazine as downregulating the expression of m⁶A, m¹A and m⁵C writers and erasers and upregulating readers (Koo et al., 2012; Midic et al., 2016; Wirbisky et al., 2015). However, work in zebrafish embryos has contradicted these findings, with increased expression of METTL14, ALKBH5 and TRMT6 (Wirbisky et al., 2015). Another herbicide, diuron, has been reported to increase expression of the m⁵C writer Nsun4 in the rat urinary bladder (Ihlaseh et al., 2011). With these studies presenting contrasting findings, and often simultaneously reporting increased or decreased expression of both writers and erasers, few conclusions can be drawn at this time.

Diazinon is an organophosphate insecticide that is commonly used by homeowners, but which was classified by IARC in 2015 as "probably carcinogenic to humans" (Group 2A) (Guyton et al., 2015). To date, there have been two studies regarding the regulation of m⁵C modification-related genes with diazinon exposure. While *in vitro* work has revealed promoter hypermethylation of the writer *NSUN5* in the K562 cell line (Zhang et al., 2012), *NSUN4* expression has been shown to be increased in SH-SY5Y cells (Koo et al., 2012).

These results are not necessarily contradictory, as while promoter methylation is commonly associated with gene silencing there was no evaluation of its impact in the K562 cells, and DNA methylation can also be associated with increased gene expression.

In our aforementioned study of the impact of carcinogens and endocrine disruptors on m⁶A methylation in A549 cells (Cayir et al., 2019), we demonstrated that vinclozolin, a widely used pesticide, decreased m⁶A in a dose-response manner. This to date remains the only direct evidence for an effect of pesticides upon the epitranscriptome. It may be seen as supported by evidence of decreased expression of the m⁶A reader Hnrnpa2b1 in the rat ovary (Nilsson et al., 2012), but other work from the same group has revealed increased expression of the same gene in rat testes following the same exposure (Guerrero-Bosagna et al., 2013). This suggests a tissue-specific effect of the pesticide and underlines the need for caution when extrapolating results from cell lines. While these studies suggest that vinclozolin exposure warrants further examination, it is still to be established whether m⁶A is disrupted in exposed organisms. In addition to m⁶A, there is some limited evidence that modifiers of m¹A may also be affected, with increased expression of tRNA methyltransferases in a variety of different rat tissues (Skinner et al., 2012), but decreased in the brain (Crews et al., 2012).

4.6 Metals

Metals are among the most widely studied exposures in relation to the expression of RNA modifier genes. The findings of studies examining a range of metal exposures are summarised in Table 4.

Arsenic is classified as carcinogenic to humans by IARC (IARC, 2004) and is associated with malignancies of lung, skin and bladder, in addition to being implicated in cardiovascular diseases (Navas-Acien et al., 2005) and neurodegenerative disease (Vahidnia et al., 2007). Arsenic compounds can be found in the air, soil and water, and exposure to

them is known to lead to DNA methylation changes (Jomova et al., 2011). There is now emerging evidence from *in vitro* studies for an impact on the epitranscriptome as well. We have recently demonstrated that exposure to sodium arsenite leads to a dose-response reduction in m⁶A in A549 lung adenocarcinoma cells (Cayir et al., 2019). This is supported by gene expression studies conducted elsewhere that have identified decreased METTL3 expression in NB4 leukaemic cells (Zheng et al., 2005) and decreased WTAP expression in non-malignant lung epithelial cells (Clancy et al., 2012). Interestingly, the level of arsenite exposure may impact upon m⁶A levels, as Chen and colleagues reported an increase (and increased expression of m⁶A writers) with low levels of exposure but decreased m⁶A in response to higher exposures (Chen et al., 2019a). The duration of exposure may also be crucial, as extended exposure (13 weeks) has been reported to increase m⁶A levels in bronchial epithelial cells (Gu et al., 2018), and has also been reported in neuronal cells following six months of exposure (Bai et al., 2018). While sodium arsenite is perhaps the best studied environmental exposure in relation to the epitranscriptome, there are already apparently-conflicting results that demand further analysis. Nonetheless, the observation of changes in global RNA m⁶A levels in these *in vitro* studies marks sodium arsenite as a potentially promising area of future research. Work will need to be conducted in animal models and human population studies to confirm these *in vitro* findings, and transcript-specific analysis will need to be performed to understand the functional consequences.

Another potentially fruitful avenue of future research is in the effects of copper exposure. Independent *in vitro* studies from two groups using human liver and lung cell lines have similarly revealed increased expression of the m⁶A writer METTL14 (Song et al., 2009), while elsewhere the reader HNRNPA2B1 has been shown to be similarly upregulated (Armendariz et al., 2006). The latter is supported by *in vivo* findings of increased *Hnrnpa2b1* expression in mouse liver (Burkhead et al., 2011). The impact upon m¹A is less clear, as Song

and colleagues reported decreased expression of an m¹A writer (TRMT61B) and eraser (ALKBH1) in the same study (Song et al., 2009).

In addition to these studies with arsenic and copper, there is more limited *in vitro* evidence for an impact of cobaltous chloride (Hang et al., 2009; Permenter et al., 2013) and potassium chromate (VI) (Wu et al., 2012) upon m⁶A erasers and readers, while studies in zebrafish have revealed decreased expression of the m¹A eraser ALKBH3 in response to methylmercury chloride (Ho et al., 2013; Yang et al., 2007) and increased expression of the m⁵C writer NOP2 (Hussainzada et al., 2014). There has been very little study in human populations, not only for metals but for most exposure types, yet there is emerging evidence from three independent studies that nickel exposure is associated with increased expression of the m⁵C writers NOP2 and NSUN4 (da Rosa et al., 2015; Dhingra et al., 2014), and that NSUN3 is upregulated in peripheral blood with lead exposure (LaBreche et al., 2011).

4.7 Nanoparticles

Early work on carbon nanotube exposure may suggest an increase in m⁶A and m¹A abundance and utilisation. Gene expression profiling by microarray has revealed increased expression of Hnrnpa2b1, Trmt6 and Trmt61a in mouse liver (Poulsen et al., 2015a) and lung (Poulsen et al., 2015b), with upregulation of HNRNPA2B1 similarly reported in exposed non-malignant lung epithelial cells (Park et al., 2014) and observed at the protein level in a human liver cell line (Yuan et al., 2011).

4.8 Others

It should be noted that while the above represent some of the most widely studied exposures, there are of course others of emerging interest, with asbestos having been observed to affect the expression of WTAP in human pleural mesothelial cells (Dragon et al., 2015) and the

heterocyclic compound furan has been shown to induce the expression of Trmt61a in rat liver (Dong et al., 2016). It is expected that the coming years will see both strengthened examination of the epitranscriptome (as opposed to the expression of its regulators) and increased breadth in the range of exposures examined.

5. Conclusions and future directions

Epitranscriptomics is an emerging field within molecular biology that is likely to see a sharp increase in interest in the next five years. As with the early studies of DNA methylation, much of the pioneering work has been performed in relation to human disease, and especially cancer. These studies have sought to understand the aberrant expression and activity of RNA methylation modifiers in malignancies and neurodevelopmental disorders, and to elucidate the subsequent impact on the translation of genes with key roles in their pathology. By contrast, environmental epitranscriptomics is at a very embryonic stage. To date there have been very few studies directly focused upon the expression of RNA methylation modifiers, and even fewer that have demonstrated an impact upon m⁶A, m¹A or m⁵C modifications. Many of the studies we have presented within this review have reported changes in the expression of RNA methylation writers, erasers and readers in response to a range of exposures, but often as part of transcriptome-wide analysis and without detailed follow-up. Nonetheless, our review of the literature has indeed identified evidence for such changes, and we hope this will help to identify those exposures with the strongest evidence for an effect on the epitranscriptome. In our own work, we have demonstrated a dose-response with changes in global m⁶A levels in response to BPA, sodium arsenite, vinclozolin and particulate matter exposures (Cayir et al., 2019). In particular, our observation with sodium arsenite exposure is

supported by expression-based studies conducted elsewhere that have reported decreased expression of m⁶A writers (Clancy et al., 2012; Zheng et al., 2005). BPA also appears to warrant further attention, with tissue-specific effects likely to be seen. Although there is no data yet on changes to RNA modifications, there is evidence to suggest that the carcinogen BaP may impact upon the epitranscriptome, with several studies reporting concordant findings of increased expression of m⁶A writers and readers, and decreased expression of erasers.

Clearly, there is a need to address the dearth of studies directly measuring RNA modifications in response to exposures. However, such studies will be very challenging to perform, and this represents a significant barrier to progress within the field. Early work on malignancies such as AML and glioblastoma demonstrated transcript-specific alteration of RNA modifications, leading to up-regulation of transcripts associated with cell cycle progression and pro-survival signalling. While analysis of global m⁶A, m¹A and m⁵C levels may offer some insight into the biological response to exposures, it will not be able to reveal key genes and pathways required to truly elucidate their impact; it is analogous to measuring global changes in DNA methylation and making inferences from this, rather than being able to perform gene-specific analysis by microarray or bisulfite-sequencing. Transcriptome-wide analysis of RNA modifications by techniques such as methylated RNA immunoprecipitation (MeRIP) sequencing are therefore highly preferable, but they are expensive and require large quantities of purified mRNA (typically 300 µg of starting total RNA) that exceed what can be afforded by cohort studies. Furthermore, some have questioned the reproducibility of studies using such approaches (McIntyre et al., 2020). These issues currently prohibit the application of transcript-specific analysis to human population studies. One potential solution to this is to marry *in vitro* or *in vivo* studies incorporating techniques such as MeRIP-Seq with follow-up in human subjects. Work performed in cell lines or, preferably, animal models could be used

to identify those transcripts (or other RNA molecules) showing alteration in their modifications in response to exposures, with the identified transcripts taken forward for target-specific analysis by more focussed and cost-effective approaches.

So, where are we now and where will we go? There is some early evidence that environmental exposures influence the expression of RNA methylation modulators, but largely without further analysis of the epitranscriptome. We suggest that the key next step is to perform transcriptome-wide analysis of RNA modifications in animal models under exposure to reveal targets for follow-up in human population studies. Global analysis of m⁶A, m¹A and m⁵C may still serve as proof-of-principle and support the development of future studies, but it is unlikely to provide lasting insight into disease processes.

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Authors' contributions

AC gathered the results of the different studies. AC and TMB wrote the manuscript, which HMB revised. All authors read and approved the final manuscript.

Competing interests

The authors declare that they have no competing interests.

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Table 1. Effect of Benzo(A)pyrene on RNA modification-related genes

	Type	Tissue	Genes	Analysis	↑/↓	Ref.
	<i>In vitro</i>	HepG2 Cells	METTL3	Expression	↑	(Souza et al., 2016)
	Mouse	Aorta	METTL3	Expression	↑	(Kerley-Hamilton et al., 2012)
	Mouse	Primary Mouse Hepatocytes	METTL14	Expression	↓	(Mathijs et al., 2009)
	<i>In vitro</i>	Human Epidermal Keratinocytes (NHEK)	WTAP	Expression	↑	(Perez et al., 2008)
	<i>In vitro</i>	HepG2 Cells	FTO	Expression	↓	(Souza et al., 2016)
	<i>In vitro</i>	HepG2	FTO	Expression	↓	(Magkoufopoulou et al., 2011)
m ⁶ A	<i>In vitro</i>	HepG2 and HepaRG	FTO	Expression	↓	(Jennen et al., 2010)
	Mouse	Aorta	ALKBH5	Expression	↑	(Kerley-Hamilton et al., 2012)
	Mouse	Liver Tissue	HNRNPC	Expression	↓	(Malik et al., 2012)
	Mouse	Aorta	HNRNPC	Expression	↑	(Kerley-Hamilton et al., 2012)
	Mouse	Different Organs	HNRNPA2B1	Expression	↑	(Shi et al., 2010)
	<i>In vitro</i>	MCF-7 Cells	HNRNPA2B1	Expression	↑	(Hooen and Baird, 2008)
	Rat	Hippocampus	YTHDF2	Expression	↓	(Qiu et al., 2011)
	Mouse	Aorta	YTHDF2	Expression	↑	(Kerley-Hamilton et al., 2012)
	Mouse	Aorta	TRMT6	Expression	↑	(Kerley-Hamilton et al., 2012)
	<i>In vitro</i>	Human mammary epithelial cells (HMEC)	TRMT6	Mutagenesis	↑	(Severson et al., 2014)
m ¹ A	Mouse	Aorta	TRMT10C	Expression	↑	(Kerley-Hamilton et al., 2012)
	<i>In vitro</i>	HepG2 cells	TRMT61B	Expression	↓	(Magkoufopoulou et al., 2011)
	<i>In vitro</i>	HepG2 Cells	NOP2	Expression	↑	(Souza et al., 2016)
m ⁵ C	Mouse	Primary mouse hepatocytes	NSUN4	Expression	↓	(Mathijs et al., 2009)

PAH: polycyclic aromatic hydrocarbon, Increase (↑) or decrease (↓)

Table 2. Effect of Bisphenol A on RNA modification-related genes

	Type	Tissue	Genes	Analysis	↑/↓	Ref.
m ⁶ A	<i>In vitro</i>	Human Fetal Lung Fibroblasts	METTL3	Expression	↓	(Mahemuti et al., 2018)
	Rat	Seminiferous Tubule	METTL3	Expression	↑	(Ali et al., 2014)
	Rat	Seminiferous Tubule	WTAP	Expression	↑	(Ali et al., 2014)
	Mice	Placenta	FTO	Expression	↓	(Tait et al., 2015)
	Rat	Seminiferous Tubule	FTO	Expression	↓	(Ali et al., 2014)
	Mice	Placenta	FTO	Expression	↑	(Tait et al., 2015)
	Rat	Mammary Gland	FTO	Methylation	↑	(Jadhav et al., 2017)
	<i>In vitro</i>	Human Fetal Lung Fibroblasts	HNRNPC	Expression	↓	(Mahemuti et al., 2018)
	Rat	Seminiferous Tubule	HNRNPC	Expression	↑	(Ali et al., 2014)
	Rat	Mammary Gland	HNRNPC	Methylation	↑	(Jadhav et al., 2017)
	<i>In vitro</i>	Human Fetal Lung Fibroblasts.	HNRNPA2B1	Expression	↓	(Mahemuti et al., 2018)
	Rat*	Heart Left Ventricles	HNRNPA2B1	Expression	↑	(Ljunggren et al., 2016)
	Rat	Seminiferous Tubule	YTHDF2	Expression	↑	(Ali et al., 2014)
	Rat	Mammary Gland	YTHDF1	Expression	↑	(Jadhav et al., 2017)
	m ¹ A	Rat	Seminiferous tubule	TRMT61A	Expression	↑
<i>In vitro</i>		Human fetal lung fibroblasts	TRMT6	Expression	↓	(Mahemuti et al., 2018)
Rat		Seminiferous tubule	TRMT6	Expression	↑	(Ali et al., 2014)
Rat		Seminiferous tubule	TRMT10C	Expression	↑	(Ali et al., 2014)
Rat		Seminiferous tubule	ALKBH3	Expression	↑	(Ali et al., 2014)
Mouse		Tail tissue	ALKBH3	Methylation	↑	(Jadhav et al., 2017)
m ⁵ C	Rat	Seminiferous tubule	ALKBH1	Expression	↓	(Ali et al., 2014)
	<i>In vitro</i>	Human fetal lung fibroblasts	NSUN2	Expression	↓	(Mahemuti et al., 2018)
	Rat	Seminiferous tubule	NSUN2	Expression	↑	(Ali et al., 2014)

ED: Endocrine Disruptor, **POP:** Persistent Organic Pollutants, Increase (↑) or decrease (↓)

*Fructose Co-Treated with Bisphenol A

Table 3. Effect of pesticides on RNA modification-related genes

	Type	Tissue	Genes	Analysis	↑/↓	Ref.
m ⁶ A	Zebrafish*	Embryos	METTL14	Expression	↑	(Wirbisky et al., 2015)
	<i>In vitro</i> *	Embryonic Stem Cell	ALKBH5	Expression	↓	(Midic et al., 2016)
	Zebrafish*	Embryos	ALKBH5	Expression	↑	(Wirbisky et al., 2015)
	<i>In vitro</i> *	SH-SY5Y Cells	YTHDF1	Expression	↑	(Koo et al., 2012)
	Rat**	Ovary	HNRNPA2B1	Expression	↓	(Nilsson et al., 2012)
	Rat**	Sertoli Cells	HNRNPA2B1	Expression	↑	(Guerrero-Bosagna et al., 2013)
m ¹ A	<i>In vitro</i> *	SH-SY5Y cells	ALKBH3	Expression	↓	(Koo et al., 2012)
	Zebrafish*	Embryos	TRMT6	Expression	↑	(Wirbisky et al., 2015)
	Rat**	Brain	TRMT10C	Expression	↓	(Crews et al., 2012)
	Rat**	Different tissues	TRMT10C	Expression	↑	(Skinner et al., 2012)
m ⁵ C	<i>In vitro</i> *	SH-SY5Y cells	NSUN2	Expression	↓	(Koo et al., 2012)
	<i>In vitro</i> ***	K562 cell	NOP2	Methylation	↑	(Zhang et al., 2012)
	Rat****	Urinary bladder	NSUN4	Expression	↑	(Ihlaseh et al., 2011)

Increase (↑) or decrease (↓)

* Atrazine (herbicide), ** Vinclozolin (Fungicide), *** Diazinon, ****Diuron.

Table 4. Effect of metals on RNA modification-related genes

	Exposure	Type	Tissue	Genes	Analysis	↑/↓	Ref.
m ⁶ A	Arsenic	<i>In vitro</i>	APL cell line NB4	METTL3	Expression	↓	(Zheng et al., 2005)
		<i>In vitro</i>	BEAS-2B	WTAP	Expression	↓	(Clancy et al., 2012)
	Copper Sulfate	<i>In vitro</i>	HepG2 Cells	METTL14	Expression	↑	(Song et al., 2009)
	Cupric Oxide	<i>In vitro</i>	Lung Epithelial A549 Cell	METTL14	Expression	↑	(Hanagata et al., 2011)
	Copper	<i>In vitro</i>	Fibroblast Cell	HNRNPA2B1	Expression	↑	(Armendariz et al., 2006)
		Mouse	Liver	HNRNPA2B1	Expression	↑	(Burkhead et al., 2011)
	Cobaltous Chloride	<i>In vitro</i>	Rat Liver Derived Cell Lines	ALKBH5	Expression	↑	(Permenter et al., 2013)
		<i>In vitro</i>	Huvecs Cells	ALKBH5	Expression	↑	(Hang et al., 2009)
	Potassium Chromate (VI)	<i>In vitro</i>	Human Normal Bronchial Epithelial BEAS-2B Cells	YTHDF1	Expression	↑	(Wu et al., 2012)
	m ¹ A	Copper Sulfate	<i>In vitro</i>	HepG2	TRMT61B	Expression	↓
<i>In vitro</i>			HepG2	ALKBH1	Expression	↓	(Song et al., 2009)
Methylmercuric chloride		Zebrafish	Embryos	ALKBH3	Expression	↓	(Ho et al., 2013)
		Zebrafish	Embryos	ALKBH3	Expression	↓	(Yang et al., 2007)
m ⁵ C	Nickel	Human	Skin	NOP2	Expression	↑	(da Rosa et al., 2015; Dhingra et al., 2014)
	Nickel	Zebrafish	Total fish	NOP2	Expression	↑	(Hussainzada et al., 2014)
	Nickel	Human	Skin	NSUN4	Expression	↑	(da Rosa et al., 2015; Dhingra et al., 2014)
	Lead	Human	Peripheral blood	NSUN3	Expression	↑	(LaBreche et al., 2011)

Increase (↑) or decrease (↓)

Figure Captions

Figure 1: Enzymatic regulation of RNA methylation. The m6A, m1A and m5C RNA modifications are added to RNA molecular by 'writer' methyltransferases (green), remove by 'eraser' demethylases (red) and utilised by 'readers' (blue). Examples of modifications (orange circles) to mRNA and tRNA molecules are illustrated.

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Declaration of interests

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: