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The Arts and Wellbeing
10th The Arts in Society conference
Room for You’s Statement of Purpose is:- ‘to provide emotional support (through creativity and listening) to people living with life limiting, long term conditions.’
Brief History
How we work
‘The artists and counsellors from Room for You can provide time with the patients that our staff cannot always guarantee. This is both beneficial for the patients who get involved and for staff who are able to leave patients knowing that they are engaged in something that they are enjoying. It is anticipated that we (the hospital) will see more positive patient feedback as a result of this service.’
How do we make people ‘feel’ better?
NCCC Proggy Mat
Wall hanging St Bede’s Palliative Care Unit
Welcome Mosaic Bede hospice
NCCC waiting area
NCCC waiting area
Art for wellbeing Hexham
Wind socks, Blyth Beach
Arts for Wellbeing
Arts for Wellbeing workshops
How do we ‘measure’ impact?

• So overall how would you sum up your experience of coming into contact with the art project when you have been coming backwards and forwards?

• Client: I think it was wholly positive actually I did feel better on the days when they were here than on the other days.
ROOM FOR YOU-Arts in Health
Phoenix Unit-Presented Issue Types

- CREATIVITY
- HEALTH ISSUES
- SELF-ESTEEM
- INTERESTS
- FAMILY
- REMINISCENCE
- END OF LIFE ISSUES
- BUILDING CONFIDENCE
- FACILITATING PEER SUPPORT
- ANXIETY
- DEPRESSION
- LOSS
- STRESS
- RELAXATION
ROOM FOR YOU
arts in health
Thanks for listening! Any Questions?

“Mr. Osborne, may I be excused?
My brain is full.”
Talking is good!
'Arts for Well Being' workshops
The Act of Making
Clay island